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Link to the product: https://aerialdanceshop.com/x-pole-a-frame-aerial-dance-frame-frame-for-aerial-acrobatics-p-262.html



X-Pole A-Frame aerial dance frame - frame for aerial acrobatics

Price	**900.36 Euro**
Availability	**Not available**
Shipping time	**48 hours**
Number	**X_POLE_A-FRAME**

Product description

Foldable, light and portable frame for aerial acrobatics from X-Pole. Perfect for shows, photo sessions and outdoor training.

The X-Pole A-Frame is a structure on which you can suspend an aerial hoop, aerial silks, an aerial yoga hammock, and other equipment used for aerial training. The frame is fully adjustable, perfect for people who appreciate:

- functionality,
- ergonomics,
- convenience,
- safety,
- stability,
- easy transportation.

The A-Frame will prove itself during various aerial training sessions (aerial yoga, aerial silks, aerial hoop, aerial straps, aerial trapeze). We recommend it especially to those who are looking for a lightweight and mobile structure.

Why is it worth buying X-Pole A-Frame?

A-Frame is a frame that allows you to safely fly - literally. ;)
The product has a wide range of applications. You can suspend various types of props for aerial acrobatics on it, which makes it perfect for many training sessions. In addition, the structure is durable and solid, although you should remember to use the frame as intended. The A-Frame is not suitable as the basis for any swings or similar items. Swings and drops cannot be performed on it. It should be remembered that the frame is dedicated to static training.
The great advantage of A-Frame is the ability to adjust the frame to the needs of each training session. Telescopic legs allow convenient height and extension adjustments. Thanks to this, A-Frame can also be set up in lower rooms with limited space

Additionally, the X-Pole construction is easy to transport. All parts can be hidden in the convenient covers attached to the set. The whole thing weighs only 35 kg, so moving the A-Frame is not a problem. However, the assembly itself takes a moment.

Specification

- Height
- Maximum: 3480 mm
- Minimum: 2,450 mm

The floor area required for safe training varies depending on the height of the frame. For the lowest height (2450 mm), an area of 4.4 m2 is required. However, in the case of the highest height (3,480 mm), the required minimum area is 8.9 m2. Detailed information on this subject can be found in the product technical sheet.

Length

Length of the horizontal (transverse) stick: 140 cm

Weight

Kit weight: 35 kg
Frame capacity

Total load: up to 330 kg (for exercises max 65 kg)
We recommend that you use the frame individually. For duos, we recommend Frame PRO.

The kit includes

The kit includes: an aluminum structure ready to be assembled, with all the accessories and covers necessary for assembly.
The kit also includes English-language assembly manual.